



# NORKAM SECONDARY SCHOOL

## Boys Rugby Student Athlete Contract



Welcome to NorKam Athletics! We are pleased that you are participating as a member of our athletic program. The success of our program is due to the cooperation demonstrated between coaches, staff, students, parents and community of NorKam. As a representative of the NorKam Athletic program, you are expected to abide by the following policies:

### A. School Rules and Regulations:

School rules and regulations are in effect for all school functions including practices, games, weekend tournaments as well as dances, pep rallies, etc. You will find a complete list of school rules and regulations in the NorKam Secondary student handbook.

#### a. Drug and Alcohol Policy:

Use of drugs and/or alcohol by team members is contrary to the Athletic Policy of our school and our district. The current district policy states:

Drug and Alcohol: As per the current School District #73 Policy, there are automatic suspensions. Above and beyond that, however the consequences for athletes are as follows:

- i. Breach of the Drug & Alcohol contract by an athlete while at a non-athletic event (i.e. School dance, on school grounds before and after school) will result in an immediate suspension from the present sport and season of play. The athlete may apply to play the following season of play but will remain on 'probation'. Any further breach of contract regarding the Drug & Alcohol Policy will result in a full calendar year suspension and the potential of further discipline.
- ii. Breach of Drug & Alcohol Policy by an athlete while participating in athletics (i.e. Road trip) will result in suspension from athletics for one calendar year. If the break takes place out of town, the violator will be sent home as soon as possible at their expense. The athlete may return to participation under 'probation' following their suspension but only after a consultation with a school administrator, athletic director, parent and counsellor. If there is a second breach of the Drug & Alcohol policy, an indefinite suspension may be applied.
- iii. Further to these consequences, it is recommended that the probationary conditions may include attendance at a substance abuse program, approved by the school.

#### b. **Student Conduct (in school):**

All student athletes are expected to maintain satisfactory standing in their classes. Student athletes must exhibit appropriate behaviour at all times, in and out of class. Teachers and coaches will be in communication regularly.

#### c. **Academic Effort:**

It is important that the student athlete realizes that academics must take priority over athletics. You are expected to maintain a satisfactory effort level in your classes and have your homework and assignments completed.

#### d. **Attendance:**

Regular class attendance and punctuality is mandatory. If you are going to be absent from class, it is expected that you will not participate in athletics that day (practice or game) unless your absence is for a legitimate reason (i.e. Doctor's appointment). If you are too ill to attend class, you are too ill to attend practice or games.

**B. Rugby Team Expectations:**

**a. Attendance/commitment:**

You are expected to attend all practices, games and tournaments. If you have a schedule conflict, you must discuss it with your coach well ahead of time. Poor attendance at practices, games or tournaments will result in disciplinary action. Withdrawal during a season of play without a legitimate excuse will result in disciplinary action. In either case, you may be held in breach of contract and this may result in suspension of play for the following season of play.

**b. Sportsmanship/Citizenship:**

NorKam coaches, athletes and spectators are expected to maintain the highest standards. Respect for opponents and officials are paramount principles of our program. High standards of behaviour and attitude are required. Both winning and losing require dignity. When an athlete exhibits poor judgement and behaviour, it reflects poorly on the dignity of the whole team and school.

**c. Consent and Medical Forms:**

Participation in our athletic program requires that all athletes have on file a signed "Informed Parental Consent and Medical Form". This is to be done each school year or season (depending) before participating on your first team. Parents are responsible for making sure the coach is aware of any medical conditions the student athlete may have and to update the medical information section on the form.

**d. Fees:**

Boys' Rugby 2019 Cost	*payable to NorKam Secondary School
• Season Athletic Fee \$50	→ must be turned in with this form
• Mouthguard, rugby shorts & socks	→ your responsibility to purchase

If a student fails to comply with the policies, rules, regulations and expectations stated above, then disciplinary action will be taken. This may result in short or long term suspensions from school sports.

I/We hereby certify that I/we have read and understand this information. By signing, I/we agree to follow the code of conduct rules for NorKam. I/we recognize that a breach in any of the conditions of this contract may result in disciplinary action.

Student Athlete Name	Student Athlete Signature	Date
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Parent/Guardian Name	Parent/Guardian Signature	Date
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**Scheduling and Information**

Preseason training will consist of sessions in the NorKam weight room and Judo Hut Monday through Thursday after school. You can sign up for reminders by texting @nkrugby to 604-243-9010 or email [nkrugby@mail.remind.com](mailto:nkrugby@mail.remind.com). Please check our website regularly for the schedule once posted and any updates throughout the season: [sjokvist.weebly.com/rugby](http://sjokvist.weebly.com/rugby). You can contact us via [gsjokvist@sd73.bc.ca](mailto:gsjokvist@sd73.bc.ca) or [gfrancis@sd73.bc.ca](mailto:gfrancis@sd73.bc.ca)